
Rollerball WELLNESS KIT

WORKSHOP TIPS & DIRECTIONS

Thank you for purchasing the Rollerball WELLNESS Make & Take Workshop Kit! Below are suggested ideas on how to run the workshop. These details can of course be adjusted based on your team size and class size.

WORKSHOP TIPS:

- For a successful event, be sure to hand out the Postcard Invitations one to two weeks prior to your event.
- Be sure to have all additional supplies on hand for your workshop. (See SUPPLIES NEEDED)
- Be sure to have extra roller bottles available for your guests to purchase.
- **The labels in this kit are designed for 10ml roller bottles.**
- **As an overall note, we recommend that people make a half, (5ml) sample size. The 10ml bottles can still be used and be filled half way, but this way they can try the blend first and see if it works for them.**
- Make sure to educate your guests on the basics, benefits and uses of essential oils at the beginning of your workshop, especially if you have new attendees.
- **The recipes listed on the recipe sheet are for 10ml bottles unless otherwise noted.**

BASIC WORKSHOP DIRECTIONS:

- Hand out one Recipe Sheet to each guest.
- Provide roller bottles to your guests. (See CLASS OPTIONS)
- Each guest should apply their own label to their roller bottle.
- Those who are already essential oil users and wish to make additional Rollerball recipes, ask them to bring their own oils with them to the class! If there are oils they don't have to complete a certain recipe they want to try, do a little "oil trading" amongst other oilers.
- Rollerball label sets included in this kit are for those who would like to make all the Rollerball recipes on the recipe sheet. The suggested retail price of each sheet is \$3.49.

CLASS OPTION #1:

Charge a flat fee of \$5.00 per person (prospective customers, new and current members.) With that \$5 fee, each attendee will make ONE 5ml sample recipe of their choice. The extra sheets of labels included in this kit should be used for the Rollerballs included with the workshop fee.

CLASS OPTION #2:

Each attendee that is NEW to essential oils, as a FREE take away, will make ONE 5ml sample recipe of their choice. As noted above, The 10ml bottles can still be used and be filled half way, but this way they can try it first and see if it works for them. The extra sheets of labels included in this kit should be used for the FREE Rollerballs to new attendees.

The essential oil users who invited a guest should supply the oils for their guest's free Rollerball.

SUPPLIES NEEDED (not included in kit):

- **All oils needed to make Rollerball recipes on recipe sheet**
- **Don't forget your Fractionated Coconut oil!**
- **10 ml (1/3oz) roller bottles** (these must have smooth sides for labels to be applied. Any color would work.)
- **Empty 15ml essential oil bottles** for those wanting to make the BONUS Hand Spray recipe (great use of your empty essential oil bottles)
- **Spray tops for 15ml bottles** for those wanting to make the BONUS Hand Spray recipe



For additional information and ideas, go to www.facebook.com/rollerballmakeandtake or go to our site www.rollerballmakeandtake.com