

aroma INHALERS

WORKSHOP TIPS & DIRECTIONS

Thank you for purchasing the **Aroma Inhalers Make & Take Workshop Kit!** Below are suggested ideas on how to run the workshop. These details can of course be adjusted based on your team size and class size.

WORKSHOP TIPS:

- For a successful event, be sure to hand out the Postcard Invitations one to two weeks prior to your event
- Be sure to have all additional supplies on hand for your workshop (see SUPPLIES NEEDED)
- Be sure to have extra Inhalers available for your guests to purchase
- Make sure to educate your guests on the basics, benefits and uses of essential oils at the beginning of your workshop, especially if you have new attendees

BASIC WORKSHOP DIRECTIONS:

- Hand out one Recipe Sheet to each guest
- Provide inhaler(s) to your guests (See CLASS OPTIONS)
- Each guest should apply their own label to their inhaler
- Those who are already essential oil users and wish to make additional Aroma Inhaler recipes, ask them to bring their own oils with them to the class! If there are oils they don't have to complete a certain recipe they want to try, do a little "oil trading" amongst other oilers.
- Aroma Inhaler label sets included in this kit are for those who would like to make all the Inhaler recipes on the recipe sheet. The suggested retail price of each sheet is \$3.49.

AROMA INHALER TIPS:

- To ensure good label adhesion, inhalers and hands should be clean and dry
- Apply labels to inhalers before handling oils
- The more you use and open your inhaler, the quicker the oils will dissipate
- We'd suggest using a new inhaler if you wish to change to a new scent or blend **OR** you can refresh each wick with the same oil or blend
- Studies have shown that just inhaling the oils can help us on an emotional and physical level. **Just breathe it in...**

CLASS OPTION #1:

Charge a flat fee of \$5.00 per person (prospective customers, new and current members.) With that \$5 fee, each attendee will make ONE Aroma Inhaler of their choice. The extra sheets of labels included in this kit should be used for the Inhalers included with the workshop fee.

CLASS OPTION #2:

Each attendee that is NEW to essential oils, as a FREE take away, will make ONE Inhaler recipe of their choice. The extra sheets of labels included in this kit should be used for the FREE Inhalers to new attendees.

The essential oil users who invited a guest should supply the oils for their guest's free Inhaler.

SUPPLIES NEEDED (not included in kit):

- **All oils** needed to make Aroma Inhaler recipes on recipe sheet
- **12 Nasal Inhalers per attendee**— in case all attendees would like to make all recipes!

OPTIONAL SUPPLIES

Aroma Inhaler Station Tent Cards (sold separately)

We suggest to setup a different table for the BODY, MIND & SOUL Aroma Inhalers



For additional information and ideas, go to www.facebook.com/diyeoprojects or go to our site www.diyeoprojects.com

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